Would you like to travel to Kenya, experience a new culture and give back to the world? HEAL is offering another opportunity for individuals to volunteer at Rapha Community Center in Nyahururu, Kenya. Rapha Community Center is a children's home and secondary school located about 3.5 hours from Nairobi, the capital of Kenya. We care for 45 children and educate more than 80 students.



Here is an overview of what your experience will include:

# Potential Itinerary:

# Wednesday, June 21:

• Depart from Logan Airport, Boston, MA (or the nearest airport to you!)

# Thursday, June 22:

- Travel day, arrive in Nairobi around 8pm
- Spend night at guest house in Nairobi

### Friday, June 23:

- Visit an elephant orphanage and giraffe center.
- Travel to Nyahururu by private bus (approximately 3.5 hour trip). Will stop along the way at the Great Rift Valley lookout point.
- Arrive at Rapha by late afternoon.

## Saturday, June 24:

• Spend day at Rapha Community Center. Free day with children.

# Sunday, June 25:

• Church at Rapha Community Center. Spend afternoon with children.

### Monday, June 26 - Friday, June 30:

- Morning: Help with projects.
- Afternoon: Spend time with children.

### Saturday, July 1:

• Organized activities with children. Spend day with children.

### Sunday, July 2:

• Church at Rapha Community Center. Last day with children.

Monday, July 3 (there is an option to leave on the 3rd):

- Nairobi group will rest at lodge or we can schedule other sightseeing in Nairobi. Flight will leave in the evening.
- Safari group will travel to Masai Mara for lunch and an afternoon game drive.

# Tuesday, July 4:

• Full-day game drive.

## Wednesday, July 5:

- Early morning game drive, leave for Nairobi after breakfast.
- Stay overnight at guest house.

## Thursday, July 6:

- Spend day in Nairobi, visit a market, Karen Blixen house, etc. Rest and pack.
- Depart in the evening.

### Cost Estimate:

Flight: \$1,500 (hopefully less!)

Nairobi guest house (2 nights): \$110

Lodging at Rapha Community Center, includes meals: \$150

Airport pick-up/drop-off: \$20

Transportation to and from Nairobi: \$100

Visa: \$50

Administrative Fee: \$100

*Total per person:* \$2,030

Safari: \$500-\$750 (will depend on how many people go)

Plan to spen \$2,500.

# Next Steps

- 1. Make sure your passport is ready!
- 2. Visit a travel clinic to learn more about the immunizations you will need before travel.
- 3. Prepare to purchase your flight. You will pay our travel agent directly. Other expenses will be paid to HEAL closer to the departure date.